

CITY OF KINGSTON PARKS & RECREATION

ADULT/SENIOR PROGRAMS & ACTIVITIES

OPEN TO ALL CITY & SURROUNDING AREA RESIDENTS

ALL PROGRAMS *(UNLESS SPECIFIED ELSEWHERE)* ARE HELD AT

ANDY MURPHY (MIDTOWN) NEIGHBORHOOD CENTER

467 BROADWAY- KINGSTON

No Fee For Program Unless Specified

MONDAYS

EXERCISE CLASS – 9:30 am- 10:45 am

CERAMICS - 10 am -12 noon- next sessions Sept-Dec 2016

\$30-City Residents, \$40 –Non Residents-call to register 481-7332

KINGSTON HOME CRAFTER'S 12:30-3pm in Senior's Lounge at Midtown Center
(Knitting/Crocheting/Beading) Beginners Welcomed!

TUESDAYS

CERAMICS-10 am -12 noon – next sessions Sept- Dec 2016

\$30-City Residents, \$40-Non Residents-call to register 481-7332

WEDNESDAYS

LINE DANCING – Beginners 9:30-10 am – Intermediate 10-11:00 am

CARD GAMES (Crazy Canasta) 12:30-4pm- in Seniors Lounge-Beginners welcomed!

THURSDAYS

NATURE HIKES- One Thursday a month starting in May

Meet at 9:00 am at the Forsyth Nature Center-Call 481-7332 for more info/schedule

BINGO – 12:30-3pm –in Senior's Lounge at Midtown Center

FRIDAYS

Exercise Class – 9:30 am-10:45 am

Volunteers Wanted For Intergenerational Programs-Call for information

Read to preschool children at our "Book Worms" -Thurs. 10:30 at Andy Murphy Midtown Neighborhood Ctr

Arts & Crafts at Hodge and Rondout Center

For More Info Contact Pat Johnson-Recreation Leader (845)481-7332

